

Rtn. Stephanie A. Urchick
RI President

Rtn. CA Dev Anand
District Governor

Rtn. Jagannath Kote
Assistant Governor

Rtn. Nagaraj Shetty
Zonal Lieutenant

Rtn. Subhash Bangera
Club President

Rtn. Farida Uppin
Club Secretary

Rtn. Rathnakar Udyavar
Club Treasurer

Rtn. Vanishree Rao
Rtn. Shashikala Rajavarma
Concord Editors

Avenue Directors

Rtn. Dr Jayagowri H
Club Service
Rtn. Prashanth Hegde
Vocational Service
Rtn. Rajavarma Ariga
Community Service
Rtn. Amit Aravind
International Service
Rtn. Dr Pradeep S
Youth Service

District Projects

Clean Environment for Good Health
Awareness to Road Safety
Education with Legal Awareness
Go Green and Save Water

THE 4-WAY TEST

Of the things we think, say or do
- Is it the TRUTH ?
- Is it FAIR to all concerned ?
- Will it build GOODWILL and BETTER
FRIENDSHIPS ?
- Will it be BENEFICIAL to all
concerned ?

Club Service

02.04.2025: Joint Meeting with Autism Society
of Udupi & Rotary Club Manipal Hills

Theme: Autism Awareness Day 2025

Guests of Honour: Dr. P V Bhandary, Dr. Supriya Pai, Mrs. Roopa Naik

Meeting Co-ordinator: Rtn. Dr Pradeep

Venue: Interact Hall, KMC, Manipal

No. of participants: 50

Meeting was called to order by President Rtn. Subhash Bangera. Thought for the day was presented by Rtn. Vandana Rao, RCMH. Rotary Information was presented by Rtn. Mahalasa D Kini.

It was an insightful meeting on Autism Awareness, which was an eye-opening session. The meeting started with a heart-warming invocation by Master Arvind, who is a talented boy with autism. All the Rotarians and other participants came in blue attire, as per Rtn. Dr Virupaksha's advise and became a part of # LIGHT IT UP BLUE Campaign, that is Autism Awareness. This is one of the many campaigns RCM has been a part of, organised by Rtn. Dr Virupaksha, a Psychiatrist by profession. He displayed sincere effort to spread understanding of many problems in psychiatry & human behaviour.

Rtn. Suparna Shetty, President, RCMH in her Presidential speech spoke on public health, Rotary Action Group, roles of Rotary on disease prevention, Rotarian Against Malaria (RAM), importance of public image. She said that Authenticity, Clarity & Integrity are very important for building community.



Thought for the Day
Rtn. Vandana Rao, RCMH

Honesty is just like water – no taste, no colour, no shape, but still important for life.

Punctuality is not being in time; It is about respecting your commitment.



Rotary Information
Rtn. Mahalasa Kini

Rtn. Mahalasa Kini shared her experience of representing RI Zone 7 at the prestigious Rotary International Assembly 2025, in Orlando, Florida, USA as PDRR. She was one of the 34 representatives globally. All representatives interacted with each other and shared their ideas, in spite of language barriers. Cultural differences made the interaction more interesting. She also met the President, CEO & DG Elect of Rotary International. She learnt that service requirement changes from place to place. Every community faces their own challenges, which is not identical. Unity, Leadership, Service & Adaptability were the key take away.

Dr. P V Bhandary unveiled the statue symbolising the autism awareness, which was created by Venki Palimar. Dr. P V Bhandary said that the Autism Society was formed 4 years ago, which was the dream of Late Simon D'Souza. He further spoke on what is autism, early detection, Autism Spectrum Disorder, Asperger Syndrome, myths related to autism, therapy & misdiagnosis. His statement, "Autistic person can be mentally retarded, whereas, not all autistic person is mentally retarded" was an eye-opener. Awareness, Acceptance, Analysis & Action is required towards autism.



The speaker Dr. Supriya Pai spoke about the tough journey of rearing a child with autism. She spoke regarding the challenges in society, insufficient information about the syndrome, scarcity of school for the autistic kids, treatment modality, lack of job opportunities, parenting challenges, primitive reflex intervention, community support & counselling for parenting. Accept, Love, Advocate & Educate is what is needed in an inclusive society. Mrs. Roopa Naik said that autism should not become an identity. She spoke about the symptoms of an autistic child. She further stated that the Parent Support Group of autistic children, Samveda, gives a sense of relief to the parents. She further explained that it is indeed important that parents are empowered & trained to teach life skills to autistic kids. Schools should integrate and there should be inclusion for autistic kids. Schools should have individualised program for these kids. Autistic kids love unconditionally and find joy with little things.

Paintings of Master Rahul, S/o Mrs. Roopa Naik was exhibited. Master Arvind & Master Rahul proved that if opportunity is provided an autistic child can become an artistic child. RCM & RCMH Members appreciated the talent of Master Rahul and purchased some of the painting to encourage parents and assured them that we are sensitive to their needs. Let's come together to build an inclusive & supportive environment for the children with autism. Alone we can do so little & together we can do so much.



Rtn. Atulya Acharya, President, RAC Manipal Central, announced about the upcoming event Donation Drive on April 13th. The session ended with announcements & vote of thanks by Rtn. Farida Uppin, National Anthem & Group Photo.

SAMVARDHANA 2526- PELS & SELS: President Elect Learning Seminar & Secretary Elect Learning Seminar was organised on 5th & 6th April 2025 at Chikkamagaluru for AGs, ZLs, Zonal Learning Facilitators, Presidents, Secretaries of the year 2526. The event was inaugurated by PDG Avinash Potdar. Both, the Grant Seminar as well as PELS & SELS were presided by DG Rtn. C A Dev Anand. PDG Abhinandan A Shetty – District Advisor, PDG Rajaram Bhat – District Learning Facilitator, PDG B N Ramesh, District Counsellor, PDG D S Ravi – District Rotary Foundation Chairman, DGE K Palaksha – DG Elect, DGN B M Bhat – DG Nominee, DGND Vasanth Hoblidar were the Guests of Honour. The speakers spoke on the roles & responsibilities of the President & Secretary, Team work, Public Image, Youth Service, the joy of giving (TRF), how to conduct effective meeting and meeting protocols, Personality Development & Communication Skills, Membership Development, IT requirements, importance of Service Projects, District Projects and so on. AG Elect Rtn. Amit Aravind, District IT Trainer Rtn. Prashanth Hegde, President Elect Shashikala Rajavarma & Secretary Elect Vanishree Rao attended the Seminar from RCM. The seminar was inspiring & fruitful.



05.04.2025: Grant Seminar: The President Elects of District 3182 attended the Grant Seminar at Vokkaligara Bhavana, Chikkamagaluru. PDG Rtn. Dr S Nagendra, RID 3192 inaugurated the Seminar & was the key note speaker. President Elect Shashikala Rajavarma signed MOU on behalf of RCM, that is essential eligibility criteria for applying for grants.



Youth Service



05.04.2025: Rotaract Club of Manipal successfully hosted the first official DRR visit of the year 2024-25.

Rotarians in Action



Congratulations Rtn. Rooma Iyengar on the engagement of her granddaughter!!

Daiji World News Channel



Udupi News Channel



**ಆಟಿಸಂ ಬಾಧಿತ ಮಕ್ಕಳ ಸಮಸ್ಯೆ
ಗುಣಪಡಿಸಲು ಸಾಧ್ಯ : ಮನೋ ರೋ...**

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Making a difference

Prosthetic limb camp in Manipal

A two-day artificial limb fitment camp was hosted by RC Manipal, RID 3182, to celebrate the birthday of its senior member Premabala. The prosthetic hand, designed by the Inail Foundation, was fitted on 91 amputees who came from places like Chennai, Belgaum, Bagalkot, Davangere and across Udupi district. The beneficiaries were trained to use the battery-operated Inail hands under Project Premada Kogale, Manipal Mahila Samaj, Inail Foundation, DMA Udupi Karavil, DMA UK Women Doctors Wing and RC Poona Downtown have partnered for the project.



The artificial limb fitment camp in progress.

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Celebrations

Birthdays:

- ❖ 4th Apr – Rtn. Padma G M Rao
- ❖ 6th Apr – Rtn. Dr Virupaksha Devaramane
- ❖ 8th Apr – Rtn. Suman R Prabhu
- ❖ 8th Apr - John Pracheth Hegde, S/o Rtn. Shreesha Hegde

Anniversary:

- ❖ 6th Apr - Rtn B Karunakar Shetty and Rtn Hema Shetty

